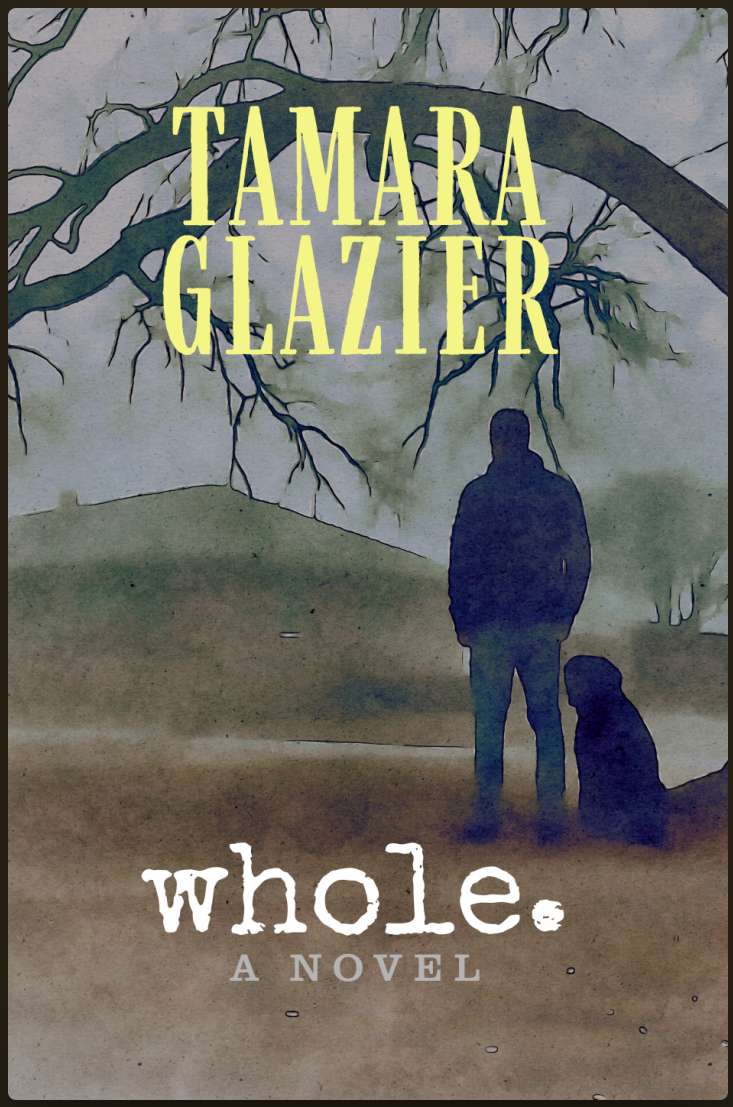
LA REINE PRESS

PRESS KIT

Tamara Glazier

AUTHOR • THERAPIST
PERFORMANCE COACH



"Author Tamara Glazier's debut novel, Whole, is being compared to the works of Louisa May Alcott."

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PRESS RELEASE

LA REINE PRESS

Tamara Glazier's Debut Novel, *Whole*, Is Being Compared to the Works of Louisa May Alcott

TAMARA GLAZIER | *WHOLE* | LA REINE PRESS

As the noted Canadian actor, comedian, and writer Jason Jones has said: "The suburbs have this veneer of happiness… white picket fence, nice house — but you peel away one little layer, and it all comes crumbling down."

In *Whole*, such is the case for Lara Di Santas. Her life in the leafy suburb of Grace's Corner, Vermont has become a bastion of disappointment, broken dreams, and heartbreaking emotional and even physical abuse at the hands of her husband.

She appears to live an idyllic life in this insular, upscale world where her biggest struggle is choosing the wine for her latest neighborhood soiree, as Lara raises her three beautiful children quietly dreaming of a world in which she can become whole.

> *"I have definitely felt the same feelings that Lara does in the book," Tamara relates, "and for a woman caught between love of family — especially for her kids — versus her own need and desire to live the life she is meant to live, it becomes more than a struggle."*

Tamara Glazier's relatable depictions of 21st century American suburbia — the mundane, workaday sameness and the celebration of the average normalcies — have invited positive critical comparisons to the works of Louisa May Alcott (*Little Women*; *Jo's Boys*) because of the open and honest storytelling style. Author Glazier doesn't apologize for who her character is at the start of the book. "It's about who Lara becomes, and what she's prepared to sacrifice along the way."

Whole is now available worldwide and is published in both hardcover and trade paperback editions by La Reine Press. Impresario Press is the exclusive publisher's representative, and the novel is available on Amazon and at all major and independent retailers.

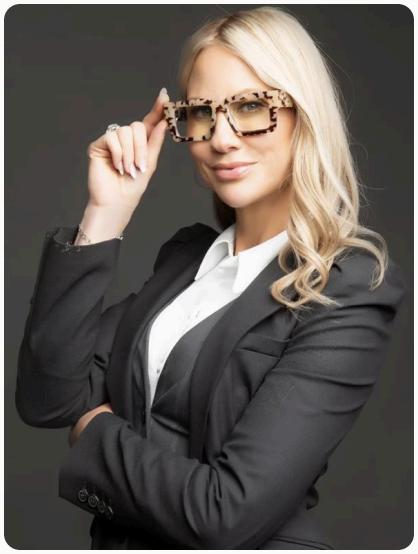
Author Tamara Glazier is available for interviews and appearances on all platforms — podcasts, radio, television, newspaper/periodicals — and for speaker bookings. Please reach out at your earliest convenience and we'll schedule Tamara Glazier for you right away.

CONTACT: Davey Porter • impresario@tutamail.com • +1.541.908.6828

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PHOTOS

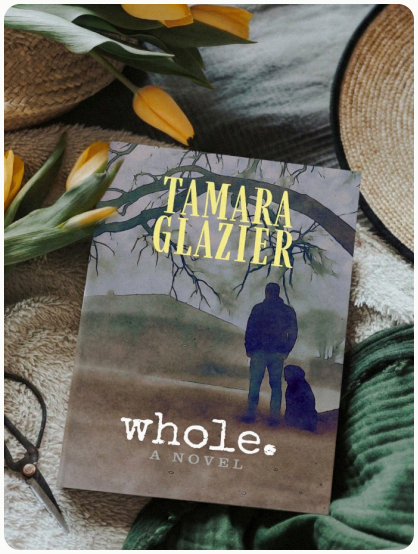
Press Photos



Tamara Glazier
Author and speaker



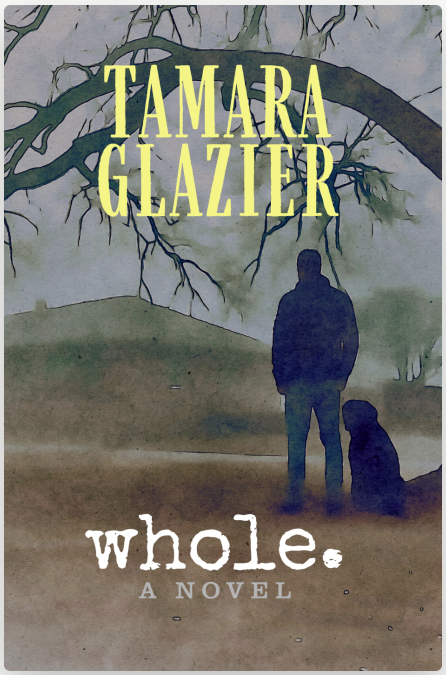
Tamara Glazier
Portrait



Whole, a novel
Cover art by Wilson Rushbrook



Tamara Glazier
Interviews and speaking appearances



Whole — front cover

Photos are provided for editorial use in connection with Tamara Glazier and her books. High-resolution files are available on request — contact Davey Porter at impresario@tutamail.com.

READER REVIEWS

What Readers Are Saying About *Whole*

★★★★★

An Inspiration.

"A wonderfully written novel exposing the inner workings of a family home in leafy suburbia. This book lays bare the bullying and abuse that can happen behind closed doors and how an adept young Mom camouflages reality to protect her kids and herself. One wonders how many will read this book and recognize their own lives."

BARB • Amazon reviewer, Canada, March 28, 2026 • Verified Purchase

★★★★★

Emotionally honest and introspective, worthwhile read.

"*Whole* is a relatable and emotional story about a woman whose seemingly perfect life hides deeper struggles... Themes around identity and finding the strength to move forward are meaningful to many of us. Overall, it's an enjoyable, insightful, and well written read... I look forward to reading the next part of her journey."

ROBS • Amazon reviewer, Canada, March 28, 2026 • Verified Purchase

★★★★★

Real characters in a real story living real lives.

"This book was just so beautifully written and the story was just so real... The author of this book, *Whole*, is Tamara Glazier and she captures the 'whole' suburban lifestyle behind the picket fences in an almost embarrassing way, she's so good at depicting the falsities so many people live behind... Highly recommend!"

THEPROFESSOR • Amazon reviewer, United States, March 26, 2026 • Verified Purchase

ABOUT THE AUTHOR

Tamara Glazier is an author, therapist, and performance coach based near Toronto. She completed a four-year undergraduate degree in Premed Health Sciences and went on to earn a Master's degree in clinical science, then spent nearly two decades as an occupational therapist and supervisor of a multi-disciplinary medical team. Along the way she earned an additional Master's in Educational Psychology and two elite certifications in Executive Leadership Coaching, from Harvard Business School and Ontario's Rotman School of Business.

She oversees a practice in Entrepreneurial Performance Coaching; *Whole* is her debut novel.

FOR HOSTS & EDITORS

Five Places a Conversation Can Go

1. **Why she wrote *Whole***
   A classic roman à clef: real parts of her own life, fictionalized into the story of Lara Di Santas and the "series of Final Straws and Last Chances" that lead to becoming who she is meant to be.

2. **From clinic to coaching**
   Nearly two decades as an occupational therapist and supervisor of a multi-disciplinary medical team, advanced degrees, and executive leadership coaching certifications from Harvard Business School and the Rotman School of Business.

3. **The publishing journey**
   How the final pages of *Whole* led to the formation of La Reine Press, and a cover painted especially for the book by English artist Wilson Rushbrook.

4. **Writing as a spiritual practice**
   Meditation, prayer, and daily journaling in the basement where it all began: "I prayed and wrote and prayed and wrote and, in the process, became whole myself."

5. **What's next**
   The Clear Container, a non-fiction book that brings together teens and the caregivers who love them.

BOOK FACTS

Title	*Whole*: A Novel
Author	Tamara Glazier
Publisher	La Reine Press
Publisher's representative	Impresario Press
Editions	Hardcover and trade paperback
Cover art	Wilson Rushbrook
Availability	Worldwide, on Amazon and at major and independent retailers

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